

# Class Schedule

*Effective on October 05, 2009*

**Karate Quest** (321) 693-KICK {5425}  
 3520 S. Hopkins Ave. / Titusville, FL 32780 / [www.karatequest.net](http://www.karatequest.net)  
*"Making the World a Better Place  
 One Black Belt at a Time."*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3:30-4:30 TSD All Ranks & LiL' Dragons	4:00-5:00 TSD All Ranks	4:00-4:45 LiL' Dragons	4:00-5:00 TSD Intermediate	3:30-4:30 TSD All Ranks & LiL' Dragons	
4:30-5:30 TSD Beginners	5:00-6:00 TSD Advanced & LiL' Dragons		5:00-6:00 TSD All Ranks & LiL' Dragons	5:00-6:00 <b>OPEN Training</b>	
6:00-7:00 Arnis	6:00-8:00 <b>War Ren Ryu</b>	6:00-7:00 TSD All Ranks	6:00-7:00 Arnis		
7:00-8:00 <i>Ryukyu Kempo</i>			7:00-8:00 <i>Ryukyu Kempo</i>		

Classes are subject to change due to special events.

See [www.karatequest.net](http://www.karatequest.net) for current details.

Classes are also subject to cancellation due to lack of attendance. Please be sure to call in and let us know if you are going to be absent in order to avoid having a class canceled while you are on vacation. Remember that a minimum of two classes per week is mandatory as part of your testing requirements.

Make up classes are available for excused absences (*ones where we were notified that you would be missing class*).

Key: **T.S.D.** = (Tang Soo Do) Korean based marital art style covering a wide range of martial techniques with the main focus on self-defense.

**LIL' DRAGONS** = Restricted class for children under the age of 8 to help introduce them to marital arts. Based on realistic self-defense for their age group, it deals with self-discipline, focus development, and hand/eye coordination as well as Bully Busting techniques.

**ARNIS** = Filipino Stick Fighting martial system utilizing stick, blade and empty hand techniques all focused on self-defense.

**RYUKYU KEMPO** = Okinawan based martial art style focusing on practical usage of traditional forms and techniques for self-defense application.

**WAR REN RYU** = Private class, attended by personal invitation from Master Young. Class trains students in a system of martial arts designed to train and expand the mind of the student as well as the body. *Bring a notebook.*

**OPEN TRAINING** = This class is just what it implies, training for everyone that allows both children and adults to train on whatever they need extra practice on each week.