

February 2010

"We Make Leaders 4 Life!"

Karate Quest
3620 S Hopkins Ave
Titusville, FL 32780

(321) 693-KICK
www.karatequest.net

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 T.S.D.= MAT WORK L.D.= Fire ADULT= Mat Work <u>EVALUATION</u> Mrs. Quest's Birthday	2 T.S.D.= SELF-DEFENSE L.D.= Fire ADULT= Warren Ryu <u>EVALUATION</u>	3 T.S.D.= WEAPONS L.D.= Listening <u>EVALUATION</u>	4 T.S.D.= BASICS L.D.=Balance ADULT= Kata <u>EVALUATION</u>	5 T.S.D.= KATA L.D.=Balance ADULT= Tai Chi <u>EVALUATION</u>	6
7	8 T.S.D.= KATA L.D.=Exercise ADULT= Bunkai	9 T.S.D.= MAT WORK L.D.=Exercise ADULT= Warren Ryu	10 T.S.D.= SELF-DEFENSE L.D.= Cooperation <u>SPT Meeting</u>	11 T.S.D.= WEAPONS L.D.= Memory ADULT= Bunkai	12 T.S.D.= BASICS L.D.= Memory ADULT= Tai Chi <u>MOVIE NIGHT</u> 7:00pm-10pm	13
14 Valentine's Day	15 Closed No Class Washington's Birthday	16 T.S.D.= BASICS L.D.=Memory ADULT= Warren Ryu	17 T.S.D.= MAT WORK L.D.= Listening	18 T.S.D.= SELF-DEFENSE L.D.= Exercise ADULT= Mat Work	19 T.S.D.= WEAPONS L.D.= Exercise ADULT= Tai Chi	20 T.S.D.= Testing
21	22 T.S.D.= BASICS L.D.= Exercise ADULT=Kata	23 T.S.D.= WEAPONS L.D.= Exercise ADULT= Warren Ryu	24 T.S.D.= KATA L.D.= Cooperation	25 T.S.D.= MAT WORK L.D.= Memory ADULT= Weapons	26 T.S.D.= SELF-DEFENSE L.D.= Memory ADULT= Tai Chi	27
28	2/10= SPT Meeting! After LiL' Dragon's class and before the Tang Soo Do class. Come and help make Karate Quest be the best it can be! Your input is valued and needed! Be there!			2/12= Movie Night! The cost is \$15 (\$10/kid for multiple kids) Bring a Friend! There will be a Kid Friendly & Fun Movie along with Pizza & Popcorn! Come for a night of fun!		

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