

RYUKYU KEMPO—Brown Belt—1st Kyu TEST

NAME:	1st Evaluation	2nd Evaluation	3rd Evaluation	4th Evaluation	5th Evaluation
	Date:	Date:	Date:	Date:	Date:

Technique:	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Rating Scale:	Comments:
Example: Horse Stance	M 7	M 7	M 7	M 7	P ₁₀	1 2 3 4 5 6 7 8 9 10	PERFECT!
<i>Punches: Lunge Punch (Both Hands)</i>						1 2 3 4 5 6 7 8 9 10	
<i>Punches: Reverse Punch (Both Hands)</i>						1 2 3 4 5 6 7 8 9 10	
<i>Punches: Jab Punch (Both Hands)</i>						1 2 3 4 5 6 7 8 9 10	
<i>Punches: Roundhouse Punch (Both Hands)</i>						1 2 3 4 5 6 7 8 9 10	
<i>Punches: Front Punch with energy splash (Both Hands)</i>						1 2 3 4 5 6 7 8 9 10	
<i>Kicks: Front Snap Kick (Both Legs)</i>						1 2 3 4 5 6 7 8 9 10	
<i>Kicks: Side Snap Kick (Both Legs)</i>						1 2 3 4 5 6 7 8 9 10	
<i>Kicks: Front Thrust Kick (Both Legs)</i>						1 2 3 4 5 6 7 8 9 10	
<i>Kicks: Side Thrust Kick (Both Legs)</i>						1 2 3 4 5 6 7 8 9 10	
<i>Kicks: Back Thrust Kick (Both Legs)</i>						1 2 3 4 5 6 7 8 9 10	
<i>Kicks: Roundhouse Kick (Both Legs)</i>						1 2 3 4 5 6 7 8 9 10	
<i>Kicks: Hook Kick (Both Legs)</i>						1 2 3 4 5 6 7 8 9 10	
<i>Matt Work: Front Fall</i>						1 2 3 4 5 6 7 8 9 10	
<i>Matt Work: Side Fall (Right & Left)</i>						1 2 3 4 5 6 7 8 9 10	
<i>Matt Work: Back Fall</i>						1 2 3 4 5 6 7 8 9 10	
<i>Matt Work: Forward Roll (Right & Left)</i>						1 2 3 4 5 6 7 8 9 10	
<i>Matt Work: Fall Recovers for all Falls</i>						1 2 3 4 5 6 7 8 9 10	
<i>Kata 1: 27 Movements</i>						1 2 3 4 5 6 7 8 9 10	
<i>Kata 2: Taikyoku Shodan</i>						1 2 3 4 5 6 7 8 9 10	
<i>Kata 3: Taikyoku Nidan</i>						1 2 3 4 5 6 7 8 9 10	
<i>Kata 4: Taikyoku Sandan</i>						1 2 3 4 5 6 7 8 9 10	
<i>Kata 5: Chil Sung Il Ro</i>						1 2 3 4 5 6 7 8 9 10	
<i>Kata 6: Naihanchi Shodan</i>						1 2 3 4 5 6 7 8 9 10	
<i>Kata 7: Pinan Nidan</i>						1 2 3 4 5 6 7 8 9 10	
<i>Kata 8: Pinan Shodan</i>						1 2 3 4 5 6 7 8 9 10	
<i>Kata 9: Pinan Sandan</i>						1 2 3 4 5 6 7 8 9 10	
<i>Kata 10: Saisan</i>						1 2 3 4 5 6 7 8 9 10	
<i>Kata: Break Down (Bunkai)</i>						1 2 3 4 5 6 7 8 9 10	

Techniques: <i>Use Prof. Wally Jay SCJ windpipe attack</i>	Pass/ Fail	Pass/ Fail	Pass/ Fail	Pass/ Fail	Pass/ Fail	Rating Scale:	Comments:
Self-Defense 1: Wrist Release (<i>against the thumb</i>)						1 2 3 4 5 6 7 <u>8</u> 9 10	
Self-Defense 2: Wrist Release (<i>striking points</i>)						1 2 3 4 5 6 7 <u>8</u> 9 10	
Self-Defense 3: Front One & Two Hand Choke (<i>Push Off</i>)						1 2 3 4 5 6 7 <u>8</u> 9 10	
Self-Defense 4: Front One & Two Hand Choke (<i>wrist lock take-down</i>)						1 2 3 4 5 6 7 <u>8</u> 9 10	
Self-Defense 5: Hand Shake Defense (<i>Throw 1, pull thumb back-step back</i>)						1 2 3 4 5 6 7 <u>8</u> 9 10	
Self-Defense 6: Hand Shake Defense (<i>Throw 2, grab thumb, palm up throw</i>)						1 2 3 4 5 6 7 <u>8</u> 9 10	
Self-Defense 7: Hand Shake Defense (<i>Striking Points</i>)						1 2 3 4 5 6 7 <u>8</u> 9 10	
Self-Defense 8: Rear Hair Grab (<i>Spinner Throw</i>)						1 2 3 4 5 6 7 <u>8</u> 9 10	
Self-Defense 9: Rear Strangle Hold (<i>Drop Shoulder Throw</i>)						1 2 3 4 5 6 7 <u>8</u> 9 10	
Self-Defense 10: Rear Two Hand Choke (<i>Using Thumbs</i>)						1 2 3 4 5 6 7 <u>8</u> 9 10	
Self-Defense 11: Side Head Lock (<i>Groin Grab</i>)						1 2 3 4 5 6 7 <u>8</u> 9 10	
Self-Defense 12: Side Head Lock (<i>Pants, Collar Throw</i>)						1 2 3 4 5 6 7 <u>8</u> 9 10	
Self-Defense 13: Arm Lock Defense (<i>Throw</i>)						1 2 3 4 5 6 7 <u>8</u> 9 10	
Self-Defense 14: Cross Hand Wrist Grab (<i>Strike Points</i>)						1 2 3 4 5 6 7 <u>8</u> 9 10	
Self-Defense 15: Two Finger Hold						1 2 3 4 5 6 7 <u>8</u> 9 10	
Self-Defense 16: Arm Lock Defense (<i>Spin Kick</i>)						1 2 3 4 5 6 7 <u>8</u> 9 10	
Self-Defense 17: Front Two Hands Wrist Grab (<i>Bang Points</i>)						1 2 3 4 5 6 7 <u>8</u> 9 10	
Self-Defense 18: Front Two Hands on Lower Arm (<i>Grab Fist Pull Out</i>)						1 2 3 4 5 6 7 <u>8</u> 9 10	
All Self-Defense Techniques should use Prof. Wally Jay SCJ windpipe attach.							
Self-Defense 19: Fan Technique						1 2 3 4 5 6 7 <u>8</u> 9 10	
Self-Defense 20: Front one Hand Choke (<i>strike points</i>)						1 2 3 4 5 6 7 <u>8</u> 9 10	
Self-Defense 21: Rear Two Hand Wrist Grab (Throw)						1 2 3 4 5 6 7 <u>8</u> 9 10	
Self-Defense 22: Rear Strangle & Armlock (<i>drop shoulder throw, see #9</i>)						1 2 3 4 5 6 7 <u>8</u> 9 10	
Self-Defense 232: Upper X Technique						1 2 3 4 5 6 7 <u>8</u> 9 10	
Self-Defense 24: One Hand Push (Use Roll Point)						1 2 3 4 5 6 7 <u>8</u> 9 10	
Self-Defense 25: Front Two Hand Push						1 2 3 4 5 6 7 <u>8</u> 9 10	
Self-Defense 26: Front Two Hand Choke (Using Leg Points)						1 2 3 4 5 6 7 <u>8</u> 9 10	
Self-Defense 27: Overhead Attack						1 2 3 4 5 6 7 <u>8</u> 9 10	
Self-Defense 28: Step Over Knee Lock (or Round House Kick Defense)						1 2 3 4 5 6 7 <u>8</u> 9 10	
Self-Defense 29: Bent Elbow Wrist Lock						1 2 3 4 5 6 7 <u>8</u> 9 10	
Self-Defense 30: Pistol Grip Hold						1 2 3 4 5 6 7 <u>8</u> 9 10	
Self-Defense 31: Rear Two Hand Choke						1 2 3 4 5 6 7 <u>8</u> 9 10	
Self-Defense 32: Rear Two Hands on Shoulders						1 2 3 4 5 6 7 <u>8</u> 9 10	
Self-Defense 33: Reverse Armbar						1 2 3 4 5 6 7 <u>8</u> 9 10	

Techniques:	Pass /Fail	Pass /Fail	Pass /Fail	Pass /Fail	Pass /Fail	Rating Scale:	Comments:
<i>Self-Defense 34:</i> Front Two Hand Wrist Grab (use point in center of chest)						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 35:</i> Rear Two Hand Wrist Grab						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 36:</i> Half Nelson 9 (see #33)						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 37:</i> Full Nelson						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 38:</i> Uppercut Punch						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 39:</i> Armlock Defense						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 40:</i> Wrist Lock Hold Down						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 41:</i> Front Face Lock						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Combos:</i> Combo Drill #1 (Right & Left)						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Combos:</i> Small Circle JuJitsu Drill #1						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Combos:</i> Brush-Trap-Strike Drill (Arnis)						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Combos:</i> Boxing Drill						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Energy Work:</i> Energy Restoration for arms						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Energy Work:</i> Energy Restoration for hands						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Energy Work:</i> Wake Up						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 1:</i> Wrist Points #1						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 1:</i> Wrist Points #2						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 2:</i> Fist Points #1						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 2:</i> Fist Points #2						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 3:</i> Points on Forearm for Wrist						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 4:</i> Points on Forearm for Wrist						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 5:</i> Strike Point on back of Hand						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 6:</i> Positive/Negative Points on Hand						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 7:</i> Point to Numb Arm						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 8:</i> Push Point under Nose						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 9:</i> Leg Point on Forearm						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 10:</i> Strike Point on Back of Arm						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 11:</i> Point to Bend Elbow						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 12:</i> Knee Point #1						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 13:</i> Knee Point #2						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 14:</i> Knee Point #3						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 15:</i> Knee Point #4						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 16:</i> Center of Chest						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 17:</i> Point on Foot						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points :</i> HKI Inside Shin (or SP-6)						1 2 3 4 5 6 7 <u>8</u> 9 10	

Assignments:	Pass/ Fail	Pass/ Fail	Pass/ Fail	Pass/ Fail	Pass/ Fail	Rating Scale:	Comments:
<i>Assignments:</i> Written Paper on Yin/Yang Theory						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Assignments:</i> Verbal Presentation on Yin/Yang Theory						1 2 3 4 5 6 7 <u>8</u> 9 10	
Basic Lineage:	Pass/ Fail	Pass/ Fail	Pass/ Fail	Pass/ Fail	Pass/ Fail	Rating Scale:	Comments:
Tode Sakugawa—Toda						1 2 3 4 5 6 7 <u>8</u> 9 10	
Grandmasters of Te-Toda: Soken Matsumura Nabi Matsumura						1 2 3 4 5 6 7 <u>8</u> 9 10	
Grandmaster of Orthodox Shorin Ryu: Hohan Soken						1 2 3 4 5 6 7 <u>8</u> 9 10	
Grandmasters of Ryukyu Kempo: Sieu Oyata George A. Dillman Jack Hogan						1 2 3 4 5 6 7 <u>8</u> 9 10	
Masters: George Von Waldner Tom Spivy Warren Young						1 2 3 4 5 6 7 <u>8</u> 9 10	
Sensai: John Quest Charlotte Marcum						1 2 3 4 5 6 7 <u>8</u> 9 10	
Small Circle JuJitsu International: Grand Master Wally Jay Grand Master Leon Jay						1 2 3 4 5 6 7 <u>8</u> 9 10	
Modern Arnis International: Grand Master Remy Presas Master Bruce Chiu, JHK, Arnis Int. John Quest, MAI, Arnis Int. Jeremy Alderman, Arnis Int.						1 2 3 4 5 6 7 <u>8</u> 9 10	
Grandmasters & Founders: Wally Jay of Small Circle JuJitsu Int. Leon Jay Remy Presas of Modern Arnis Bruce Chiu of Arnis Int. & ProAct Genchin Funakoshi of Shotokan Jigoro Kano of Judo						1 2 3 4 5 6 7 <u>8</u> 9 10	
Basic Knowledge:	Pass/ Fail	Pass/ Fail	Pass/ Fail	Pass/ Fail	Pass/ Fail	Rating Scale:	Comments:
Te & Tode—Okinawa						1 2 3 4 5 6 7 <u>8</u> 9 10	
Ryukyu Kempo—Okinawa						1 2 3 4 5 6 7 <u>8</u> 9 10	
Tang Soo Do—Korea						1 2 3 4 5 6 7 <u>8</u> 9 10	
Shotokan—Japan						1 2 3 4 5 6 7 <u>8</u> 9 10	
JuJitsu—Japan						1 2 3 4 5 6 7 <u>8</u> 9 10	
Judo—Japan						1 2 3 4 5 6 7 <u>8</u> 9 10	
Arnis—Philippines						1 2 3 4 5 6 7 <u>8</u> 9 10	