

RYUKYU KEMPO—Brown Belt—2nd Kyu TEST

NAME:	1st Evaluation	2nd Evaluation	3rd Evaluation	4th Evaluation	5th Evaluation
	Date:	Date:	Date:	Date:	Date:

Technique:	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Rating Scale:	Comments:
Example: Horse Stance	M ₇	M ₇	M ₇	M ₇	P ₉	1 2 3 4 5 6 7 <u>8</u> 9 10	very good stance.
<i>Punches: Lunge Punch (Both Hands)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Punches: Reverse Punch (Both Hands)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Punches: Jab Punch (Both Hands)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Punches: Roundhouse Punch (Both Hands)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Punches: Front Punch with energy splash (Both Hands)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Kicks: Front Snap Kick (Both Legs)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Kicks: Front Thrust Kick (Both Legs)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Kicks: Side Thrust Kick (Both Legs)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Kicks: Back Thrust Kick (Both Legs)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Kicks: Roundhouse Kick (Both Legs)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Kicks: Hook Kick (Both Legs)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Matt Work: Front Fall</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Matt Work: Side Fall (Right & Left)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Matt Work: Back Fall</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Matt Work: Forward Roll (Right & Left)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Matt Work: Fall Recovers for all Falls</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Kata 1: 27 Movements</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Kata 2: Taikyoku Shodan</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Kata 3: Taikyoku Nidan</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Kata 4: Taikyoku Sandan</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Kata 5: Chil Sung Il Ro</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Kata 6: Naihanchi Shodan</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Kata 7: Pinan Nidan</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Kata 8: Pinan Shodan</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Kata 9: Pinan Sandan</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Kata 10: Saisan</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	

Techniques: <i>Use Prof. Wally Jay SCJ windpipe attack</i>	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Rating Scale:	Comments:
<i>Self-Defense 1: Wrist Release (against the thumb)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 2: Wrist Release (striking points)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 3: Front One Hand Choke (Push Off)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 3: Front Two Hand Choke (Push Off)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 4: Front One Hand Choke (wrist lock take-down)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 4: Front Two Hand Choke (wrist lock take-down)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 5: Hand Shake Defense (Throw 1, pull thumb back-step back)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 6: Hand Shake Defense (Throw 2, grab thumb, palm up)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 7: Hand Shake Defense (Striking Points)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 8: Rear Hair Grab (Spinner Throw)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 9: Rear Strangle Hold (Drop Shoulder Throw)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 10: Rear Two Hand Choke (Using Thumbs)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 11: Side Head Lock (Groin Grab)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 12: Side Head Lock (Pants, Collar Throw)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 13: Arm Lock Defense (Throw)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 14: Cross Hand Wrist Grab (Strike Points)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 15: Two Finger Hold</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 16: Arm Lock Defense (Spin Kick)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 17: Front Two Hands Wrist Grab (Bang Points)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 18: Front Two Hands on Lower Arm (Grab Fist Pull Out)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 19: Fan Technique</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 20: Front One Hand Choke (strike points)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 21: Rear Two Hand Wrist Grab (Throw)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 22: Rear Strangle & Armlock</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 23: Upper X Technique</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 24: One Hand Push (Use Roll Point)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 25: Front Two Hand Choke</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 26: Front Two Hand Choke (Using Leg Points)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 27: Overhead Attack</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 28: Step Over Knee Lock (or Round House Kick Defense)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 29: Bent Elbow Wrist Lock</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 30: Pistol Grip Hold</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 31: Rear Two Hand Choke</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 32: Rear Two Hands on Shoulders</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 33: Reverse Armbar</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 34: Front Two Hand Wrist Grab (use point in center of chest)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 35: Rear Two Hand Wrist Grab</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 36: Half Nelson 9 (see #33 Reverse Armbar)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	

Techniques:	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Rating Scale:	Comments:
<i>Combos: Combo Drill #1 (Right & Left)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Combos: Small Circle JuJitsu Drill #1</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Combos: Brush-Trap-Strike Drill (Arnis)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Combos: Boxing Drill</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Energy Work: Energy Restoration for arms</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Energy Work: Energy Restoration for hands</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Energy Work: Wake Up</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 1: Wrist Points #1</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 1: Wrist Points #2</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 2: Fist Points #1</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 2: Fist Points #2</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 3: Point to Numb Arm</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 4: Push Point Under Nose</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 5: Roll Point for Elbow</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 6: Strike Point on back of Hand</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 7: Leg Point on Forearm</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 8: Positive/Negative Point on Hand</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 9: Points on Forearm for Wrist</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 10: Points on Forearm for Fist</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 11: Strike Point on Back of Arm</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 12: Point to Bend Elbow</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 13: Knee Point #1</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 14: Knee Point #2</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 15: Knee Point #3</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 16: Knee Point #4</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 17: Center of Chest</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 18: Point on Foot</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 19: HKI Inside Shin (or SP-6)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	

Assignments:	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Rating Scale:	Comments:
<i>Assignments:</i> Written Paper on 5 Element Theory						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Assignments:</i> Verbal Presentation on 5 Element Theory						1 2 3 4 5 6 7 <u>8</u> 9 10	
Basic Lineage:	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Rating Scale:	Comments:
Grandmasters of Te-Toda: Soken Matsumura Nabi Matsumura						1 2 3 4 5 6 7 <u>8</u> 9 10	
Grandmaster of Orthodox Shorin Ryu: Hohan Soken						1 2 3 4 5 6 7 <u>8</u> 9 10	
Grandmasters of Ryukyu Kempo: Sieu Oyata George A. Dillman Jack Hogan						1 2 3 4 5 6 7 <u>8</u> 9 10	
Masters: George Von Waldner Tom Spivy Warren Young						1 2 3 4 5 6 7 <u>8</u> 9 10	
Sensai: John Quest Charlotte Marcum						1 2 3 4 5 6 7 <u>8</u> 9 10	
Small Circle Jujitsu International: Grand Master Wally Jay Grand Master Leon Jay						1 2 3 4 5 6 7 <u>8</u> 9 10	
Modern Arnis International: Grand Master Remy Presas Master Bruce Chiu, JHK, Arnis Int. John Quest, MAI, Arnis Int. Jeremy Alderman, Arnis Int.						1 2 3 4 5 6 7 <u>8</u> 9 10	
Grandmasters & Founders: Wally Jay of Small Circle Jujitsu Int. Leon Jay Remy Presas of Modern Arnis Bruce Chiu of Arnis Int. & ProAct Genchin Funakoshi of Shotokan Jigoro Kano of Judo						1 2 3 4 5 6 7 <u>8</u> 9 10	
Basic Knowledge:	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Rating Scale:	Comments:
Te & Tode—Okinawa						1 2 3 4 5 6 7 <u>8</u> 9 10	
Ryukyu Kempo—Okinawa						1 2 3 4 5 6 7 <u>8</u> 9 10	
Tang Soo Do—Korea						1 2 3 4 5 6 7 <u>8</u> 9 10	
Shotokan—Japan						1 2 3 4 5 6 7 <u>8</u> 9 10	
JuJitsu—Japan						1 2 3 4 5 6 7 <u>8</u> 9 10	
Judo—Japan						1 2 3 4 5 6 7 <u>8</u> 9 10	
Arnis—Philippines						1 2 3 4 5 6 7 <u>8</u> 9 10	