

RYUKYU KEMPO—Brown Belt—3rd Kyu TEST

NAME:	1st Evaluation	2nd Evaluation	3rd Evaluation	4th Evaluation	5th Evaluation
	Date:	Date:	Date:	Date:	Date:

Technique:	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Rating Scale:	Comments:
Example: Horse Stance	M ₆	M ₅	M ₇	M ₆	P ₈	1 2 3 4 5 6 7 <u>8</u> 9 10	very decent stance.
<i>Punches:</i> Lunge Punch (Both Hands)						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Punches:</i> Reverse Punch (Both Hands)						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Punches:</i> Jab Punch (Both Hands)						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Punches:</i> Roundhouse Punch (Both Hands)						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Punches:</i> Front Punch with energy splash (Both Hands)						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Kicks:</i> Front Snap Kick (Both Legs)						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Kicks:</i> Front Thrust Kick (Both Legs)						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Kicks:</i> Side Thrust Kick (Both Legs)						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Kicks:</i> Back Thrust Kick (Both Legs)						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Kicks:</i> Roundhouse Kick (Both Legs)						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Kicks:</i> Hook Kick (Both Legs)						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Matt Work:</i> Front Fall						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Matt Work:</i> Side Fall (Right & Left)						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Matt Work:</i> Back Fall						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Matt Work:</i> Forward Roll (Right & Left)						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Matt Work:</i> Fall Recovers for all Falls						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Kata 1:</i> 27 Movements						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Kata 2:</i> Taikyoku Shodan						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Kata 3:</i> Taikyoku Nidan						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Kata 4:</i> Taikyoku Sandan						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Kata 5:</i> Chil Sung Il Ro						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Kata 6:</i> Naihanchi Shodan						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Kata 7:</i> Pinan Nidan						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Kata 8:</i> Pinan Shodan						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Kata 9:</i> Pinan Sandan						1 2 3 4 5 6 7 <u>8</u> 9 10	

Comments:

Techniques:	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Rating Scale:	Comments:
<i>Self-Defense 1: Wrist Release (against the thumb)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 2: Wrist Release (striking points)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 3: Front One Hand Choke (Push Off)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 3: Front Two Hand Choke (Push Off)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 4: Front One Hand Choke (wrist lock take-down)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 4: Front Two Hand Choke (wrist lock take-down)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 5: Hand Shake Defense (Throw 1, pull thumb back-step back)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 6: Hand Shake Defense (Throw 2, grab your thumb, palm up throw)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 7: Hand Shake Defense (Striking Points)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 8: Rear Hair Grab (Spinner Throw)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 9: Rear Strangle Hold (Drop Shoulder Throw)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 10: Rear Two Hand Choke (Using Thumbs)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 11: Side Head Lock (Groin Grab)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 12: Side Head Lock (Pants, Collar Throw)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 13: Arm Lock Defense (Throw)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 14: Cross Hand Wrist Grab (Strike Points)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 15: Two Finger Hold</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 16: Arm Lock Defense (Spin Kick)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 17: Front Two Hands Wrist Grab (Bang Points)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 18: Front Two Hands on Lower Arm (Grab Fist Pull Out)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
All following techniques use Prof. Wally Jay SCJ Windpipe Attack							
<i>Self-Defense 19: Fan Technique</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 20: Front One Hand Choke (strike points)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 21: Rear Two Hand Wrist Grab (Throw)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 22: Rear Strangle & Armlock</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 23: Upper X Technique</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 24: One Hand Push (Use Roll Point)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 25: One Hand Push</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 26: Front Two Hand Choke (Using Leg Points)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 27: Overhead Attack</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 28: Step Over Knee Lock (or Round House Kick Defense)</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 29: Bent Elbow Wrist Lock</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Self-Defense 30: Pistol Grip Hold</i>						1 2 3 4 5 6 7 <u>8</u> 9 10	

Techniques:	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Rating Scale:	Comments:
<i>Combos:</i> Combo Drill #1 (Right & Left)						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Combos:</i> Small Circle JuJitsu Drill #1						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Combos:</i> Brush-Trap-Strike Drill (Arnis)						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Energy Work:</i> Energy Restoration for arms						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Energy Work:</i> Energy Restoration for hands						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 1:</i> Wrist Points #1						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 1:</i> Wrist Points #2						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 2:</i> Fist Points #1						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 2:</i> Fist Points #2						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 3:</i> Point to Numb Arm						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 4:</i> Push Point Under Nose						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 5:</i> Roll Point for Elbow						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 6:</i> Strike Point on back of Hand						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 7:</i> Leg Point on Forearm						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 8:</i> Positive/Negative Point on Hand						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 9:</i> Points on Forearm for Wrist						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 10:</i> Points on Forearm for Elbow						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 11:</i> Strike Point on Back of Arm						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 12:</i> Point to Bend Elbow						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 13:</i> Knee Point #1						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 14:</i> Knee Point #2						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 15:</i> Knee Point #3						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 16:</i> Knee Point #4						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Pressure Points 17:</i> Center of Chest						1 2 3 4 5 6 7 <u>8</u> 9 10	

Assignments:	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Rating Scale:	Comments:
<i>Assignments:</i> Written Paper on a Famous Karate Master of Your Choice						1 2 3 4 5 6 7 <u>8</u> 9 10	
<i>Assignments:</i> 2 Original Bunkai from any Kata						1 2 3 4 5 6 7 <u>8</u> 9 10	
Basic Lineage:	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Rating Scale:	Comments:
Grand Master of Orthodox Shorin Ryu: Hohan Soken						1 2 3 4 5 6 7 <u>8</u> 9 10	
Grandmasters of Ryukyu Kempo: Sieu Oyata George A. Dillman Jack Hogan						1 2 3 4 5 6 7 <u>8</u> 9 10	
Masters: George Von Waldner Tom Spivy Warren Young						1 2 3 4 5 6 7 <u>8</u> 9 10	
Sensai: John Quest Charlotte Marcum						1 2 3 4 5 6 7 <u>8</u> 9 10	
Small Circle JuJitsu International: Grand Master Wally Jay Grand Master Leon Jay						1 2 3 4 5 6 7 <u>8</u> 9 10	
Modern Arnis International: Grand Master Remy Presas Master Bruce Chiu, JHK, Arnis Int. John Quest, MAI, Arnis Int. Jeremy Alderman, Arnis Int.						1 2 3 4 5 6 7 <u>8</u> 9 10	
Grandmasters & Founders: Wally Jay of Small Circle JuJitsu Int. Leon Jay Remy Presas of Modern Arnis Bruce Chiu of Arnis Int. & ProAct Genchin Funakoshi of Shotokan Jigoro Kano of Judo						1 2 3 4 5 6 7 <u>8</u> 9 10	
Basic Knowledge:	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Rating Scale:	Comments:
Te & Tode—Okinawa						1 2 3 4 5 6 7 <u>8</u> 9 10	
Ryukyu Kempo—Okinawa						1 2 3 4 5 6 7 <u>8</u> 9 10	
Tang Soo Do—Korea						1 2 3 4 5 6 7 <u>8</u> 9 10	
Shotokan—Japan						1 2 3 4 5 6 7 <u>8</u> 9 10	
JuJitsu—Japan						1 2 3 4 5 6 7 <u>8</u> 9 10	
Judo—Japan						1 2 3 4 5 6 7 <u>8</u> 9 10	
Arnis—Philippines						1 2 3 4 5 6 7 <u>8</u> 9 10	