

# RYUKYU KEMPO—Purple Belt—4th Kyu TEST

NAME:	1st Evaluation	2nd Evaluation	3rd Evaluation	4th Evaluation	5th Evaluation
	Date:	Date:	Date:	Date:	Date:

Technique:	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Rating Scale:	Comments:
<b>Example: Horse Stance</b>	M <sub>4</sub>	M <sub>5</sub>	M <sub>6</sub>	M <sub>5</sub>	P <sub>7</sub>	1 2 3 4 5 6 <u>7</u> 8 9 10	very decent stance.
<i>Punches: Lunge Punch (Both Hands)</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Punches: Reverse Punch (Both Hands)</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Punches: Jab Punch (Both Hands)</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Punches: Roundhouse Punch (Both Hands)</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Punches: Front Punch with energy splash (Both Hands)</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Kicks: Front Snap Kick (Both Legs)</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Kicks: Front Thrust Kick (Both Legs)</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Kicks: Side Thrust Kick (Both Legs)</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Kicks: Back Thrust Kick (Both Legs)</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Kicks: Roundhouse Kick (Both Legs)</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Kicks: Hook Kick (Both Legs)</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Matt Work: Front Fall</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Matt Work: Side Fall (Right &amp; Left)</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Matt Work: Back Fall</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Matt Work: Forward Roll (Right &amp; Left)</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Matt Work: Fall Recovers for all Falls</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Kata 1: 27 Movements</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Kata 2: Taikyoku Shodan</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Kata 3: Taikyoku Nidan</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Kata 4: Taikyoku Sandan</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Kata 5: Chil Sung Il Ro</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Kata 6: Naihanchi Shodan</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Kata 7: Pinan Nidan</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Kata 8: Pinan Shodan</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	

Comments:

<b>Techniques:</b>	<b>Pass/ Miss</b>	<b>Pass/ Miss</b>	<b>Pass/ Miss</b>	<b>Pass/ Miss</b>	<b>Pass/ Miss</b>	<b>Rating Scale:</b>	<b>Comments:</b>
<i>Self-Defense 1: Wrist Release (against the thumb)</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Self-Defense 2: Wrist Release (striking points)</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Self-Defense 3: Front One Hand Choke (Push Off)</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Self-Defense 3: Front Two Hand Choke (Push Off)</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Self-Defense 4: Front One Hand Choke (wrist lock take-down)</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Self-Defense 4: Front Two Hand Choke (wrist lock take-down)</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Self-Defense 5: Hand Shake Defense (Throw 1, pull thumb back-step back)</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Self-Defense 6: Hand Shake Defense (Throw 2, grab your thumb, palm up throw)</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Self-Defense 7: Hand Shake Defense (Striking Points)</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Self-Defense 8: Rear Hair Grab (Spinner Throw)</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Self-Defense 9: Rear Strangle Hold (Drop Shoulder Throw)</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Self-Defense 10: Rear Two Hand Choke (Using Thumbs)</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Self-Defense 11: Side Head Lock (Groin Grab)</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Self-Defense 12: Side Head Lock (Pants, Collar Throw)</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Self-Defense 13: Arm Lock Defense (Throw)</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Self-Defense 14: Cross Hand Wrist Grab (Strike Points)</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Self-Defense 15: Two Finger Hold</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Self-Defense 16: Arm Lock Defense (Spin Kick)</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Self-Defense 17: Front Two Hands Wrist Grab (Bang Points)</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Self-Defense 18: Front Two Hands on Lower Arm (Grab Fist Pull Out)</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<b><i>All the Self-Defense below should use Prof. Wally Jay SCJ windpipe attack.</i></b>							
<i>Self-Defense 19: Fan Technique</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Self-Defense 20: Front One Hand Choke (strike points)</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Self-Defense 21: Rear Two Hand Wrist Grab (Throw)</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Self-Defense 22: Rear Strangle &amp; Armlock</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Self-Defense 23: Upper X Technique</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Self-Defense 24: One Hand Push (Use Roll Point)</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	

<b>Techniques:</b>	<b>Pass/ Miss</b>	<b>Pass/ Miss</b>	<b>Pass/ Miss</b>	<b>Pass/ Miss</b>	<b>Pass/ Miss</b>	<b>Rating Scale:</b>	<b>Comments:</b>
<i>Combos: Combo Drill #1 (Right &amp; Left)</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Combos: Small Circle JuJitsu Drill #1</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Combos: Boxing Drill</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Energy Work: Energy Restoration for arms</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Energy Work: Energy Restoration for hands</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Pressure Points: Wrist Points #1</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Pressure Points: Wrist Points #2</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Pressure Points: Fist Points #1</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Pressure Points: Fist Points #2</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Pressure Points: Point to Numb Arm</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Pressure Points: Push Point Under Nose</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Pressure Points: Roll Point for Elbow</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Pressure Points: Strike Point on back of Hand</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Pressure Points: Leg Point on Forearm</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Pressure Points: Positive/Negative Point on Hand</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	
<i>Assignments: 1 Min. Verbal Presentation on “What Ryukyu Kempo has Done for Me” (Other Topics at Instructor’s Discretion)</i>						1 2 3 4 5 6 <u>7</u> 8 9 10	

Comments:

<b>Basic Lineage:</b>	<b>Pass/ Miss</b>	<b>Pass/ Miss</b>	<b>Pass/ Miss</b>	<b>Pass/ Miss</b>	<b>Pass/ Miss</b>	<b>Rating Scale:</b>	<b>Comments:</b>
Grand Master of Orthodox Shorin Ryu: Hohan Soken						1 2 3 4 5 6 <u>7</u> 8 9 10	
Grandmasters of Ryukyu Kempo: George A. Dillman Jack Hogan						1 2 3 4 5 6 <u>7</u> 8 9 10	
Masters: George Von Waldner Warren Young						1 2 3 4 5 6 <u>7</u> 8 9 10	
Sensai: John Quest						1 2 3 4 5 6 <u>7</u> 8 9 10	
Small Circle JuJitsu International: Grand Master Wally Jay Grand Master Leon Jay						1 2 3 4 5 6 <u>7</u> 8 9 10	
Modern Arnis International: Grand Master Remy Presas Master Bruce Chiu, JHK						1 2 3 4 5 6 <u>7</u> 8 9 10	
<b>Basic Knowledge:</b>	<b>Pass/ Miss</b>	<b>Pass/ Miss</b>	<b>Pass/ Miss</b>	<b>Pass/ Miss</b>	<b>Pass/ Miss</b>	<b>Rating Scale:</b>	<b>Comments:</b>
Ryukyu Kempo—Okinawa						1 2 3 4 5 6 <u>7</u> 8 9 10	
Tang Soo Do—Korea						1 2 3 4 5 6 <u>7</u> 8 9 10	
Shotokan—Japan						1 2 3 4 5 6 <u>7</u> 8 9 10	
JuJitsu—Japan						1 2 3 4 5 6 <u>7</u> 8 9 10	
Judo—Japan						1 2 3 4 5 6 <u>7</u> 8 9 10	
Arnis—Philippines						1 2 3 4 5 6 <u>7</u> 8 9 10	
Te & Tode—Okinawa						1 2 3 4 5 6 <u>7</u> 8 9 10	

Comments: