

RYUKYU KEMPO—Blue Belt—6th Kyu TEST

NAME:	1st Evaluation	2nd Evaluation	3rd Evaluation	4th Evaluation	5th Evaluation
	Date:	Date:	Date:	Date:	Date:

Technique:	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Rating Scale:	Comments:
Example: Horse Stance	M ₅	P ₆	-	-	-	1 2 3 4 5 <u>6</u> 7 8 9 10	very decent stance.
<i>Stances: Front/Forward Stance (Right & Left)</i>						1 2 3 4 5 <u>6</u> 7 8 9 10	
<i>Stances: Horse Stance</i>						1 2 3 4 5 <u>6</u> 7 8 9 10	
<i>Stances: Fighting Stance (Right & Left)</i>						1 2 3 4 5 <u>6</u> 7 8 9 10	
<i>Stances: Cat Stance (Right & Left)</i>						1 2 3 4 5 <u>6</u> 7 8 9 10	
<i>Punches: Lunge Punch (Both Hands)</i>						1 2 3 4 5 <u>6</u> 7 8 9 10	
<i>Punches: Reverse Punch (Both Hands)</i>						1 2 3 4 5 <u>6</u> 7 8 9 10	
<i>Punches: Jab Punch (Both Hands)</i>						1 2 3 4 5 <u>6</u> 7 8 9 10	
<i>Kicks: Front Snap Kick (Both Legs)</i>						1 2 3 4 5 <u>6</u> 7 8 9 10	
<i>Kicks: Roundhouse Kick (Both Legs)</i>						1 2 3 4 5 <u>6</u> 7 8 9 10	
<i>Kicks: Side Thrust Kick (Both Legs)</i>						1 2 3 4 5 <u>6</u> 7 8 9 10	
<i>Kicks: Back Thrust Kick (Both Legs)</i>						1 2 3 4 5 <u>6</u> 7 8 9 10	
<i>Matt Work: Front Fall</i>						1 2 3 4 5 <u>6</u> 7 8 9 10	
<i>Matt Work: Side Fall (Right & Left)</i>						1 2 3 4 5 <u>6</u> 7 8 9 10	
<i>Matt Work: Back Fall</i>						1 2 3 4 5 <u>6</u> 7 8 9 10	
<i>Matt Work: Forward Roll (Right & Left)</i>						1 2 3 4 5 <u>6</u> 7 8 9 10	
<i>Self-Defense 1: Wrist Release (against the thumb)</i>						1 2 3 4 5 <u>6</u> 7 8 9 10	
<i>Self-Defense 2: Wrist Release (striking points)</i>						1 2 3 4 5 <u>6</u> 7 8 9 10	
<i>Self-Defense 3: Front One Hand Choke (Push Off)</i>						1 2 3 4 5 <u>6</u> 7 8 9 10	
<i>Self-Defense 3: Front Two Hand Choke (Push Off)</i>						1 2 3 4 5 <u>6</u> 7 8 9 10	
<i>Self-Defense 4: Front One Hand Choke (wrist lock take-down)</i>						1 2 3 4 5 <u>6</u> 7 8 9 10	
<i>Self-Defense 4: Front Two Hand Choke (wrist lock take-down)</i>						1 2 3 4 5 <u>6</u> 7 8 9 10	
<i>Self-Defense 5: Hand Shake Defense (Throw 1, pull thumb back-step back)</i>						1 2 3 4 5 <u>6</u> 7 8 9 10	

Techniques:	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Rating Scale:	Comments:
<i>Self-Defense 6: Hand Shake Defense</i> (Throw 2, grab your thumb, palm up throw)						1 2 3 4 5 <u>6</u> 7 8 9 10	
<i>Self-Defense 7: Hand Shake Defense</i> (Striking Points)						1 2 3 4 5 <u>6</u> 7 8 9 10	
<i>Self-Defense 8: Rear Hair Grab</i> (Spinner Throw)						1 2 3 4 5 <u>6</u> 7 8 9 10	
<i>Kata 1: 27 Movements</i>						1 2 3 4 5 <u>6</u> 7 8 9 10	
<i>Kata 2: Taikyoku Shodan</i>						1 2 3 4 5 <u>6</u> 7 8 9 10	
<i>Kata 3: Taikyoku Nidan</i>						1 2 3 4 5 <u>6</u> 7 8 9 10	
<i>Kata 4: Taikyoku Sandan</i>						1 2 3 4 5 <u>6</u> 7 8 9 10	
<i>Kata 5: Chil Sung Il Ro</i>						1 2 3 4 5 <u>6</u> 7 8 9 10	
<i>Combos: Combo Drill #1 (Right & Left)</i>						1 2 3 4 5 <u>6</u> 7 8 9 10	
<i>Combos: Small Circle JuJitsu Drill #1:</i> Cross Hand Push (Push Down Tops of Fingers), Two Finger Hold (Low Punch), Outside Middle Punch, Down Block, to Bent Elbow Two Finger Lock.						1 2 3 4 5 <u>6</u> 7 8 9 10	
Basic Lineage:	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Rating Scale:	Comments:
Our Lineage: George A. Dillman Jack Hogan George Von Waldner Warren Young John Quest						1 2 3 4 5 <u>6</u> 7 8 9 10	
Small Circle JuJitsu International: Grand Master Wally Jay Grand Master Leon Jay						1 2 3 4 5 <u>6</u> 7 8 9 10	
Basic Knowledge:	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Rating Scale:	Comments:
Ryukyu Kempo—Okinawa						1 2 3 4 5 <u>6</u> 7 8 9 10	
Tang Soo Do—Korea						1 2 3 4 5 <u>6</u> 7 8 9 10	
Shotokan—Japan						1 2 3 4 5 <u>6</u> 7 8 9 10	
JuJitsu—Japan						1 2 3 4 5 <u>6</u> 7 8 9 10	
Judo—Japan						1 2 3 4 5 <u>6</u> 7 8 9 10	