

# RYUKYU KEMPO—Orange Belt—7th Kyu TEST

NAME:	1st Evaluation	2nd Evaluation	3rd Evaluation	4th Evaluation	5th Evaluation
	Date:	Date:	Date:	Date:	Date:

Technique:	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Rating Scale:	Comments:
<b>Example: Horse Stance</b>	M <sub>4</sub>	M <sub>4</sub>	M <sub>4</sub>	P <sub>5</sub>	-	1 2 3 4 <u>5</u> 6 7 8 9 10	Back still not straight
<i>Stances: Front/Forward Stance (Right &amp; Left)</i>						1 2 3 4 <u>5</u> 6 7 8 9 10	
<i>Stances: Horse Stance</i>						1 2 3 4 <u>5</u> 6 7 8 9 10	
<i>Stances: Fighting Stance (Right &amp; Left)</i>						1 2 3 4 <u>5</u> 6 7 8 9 10	
<i>Stances: Cat Stance (Right &amp; Left)</i>						1 2 3 4 <u>5</u> 6 7 8 9 10	
<i>Punches: Lunge Punch (Both Hands)</i>						1 2 3 4 <u>5</u> 6 7 8 9 10	
<i>Punches: Reverse Punch (Both Hands)</i>						1 2 3 4 <u>5</u> 6 7 8 9 10	
<i>Punches: Jab Punch (Both Hands)</i>						1 2 3 4 <u>5</u> 6 7 8 9 10	
<i>Kicks: Front Snap Kick (Both Legs)</i>						1 2 3 4 <u>5</u> 6 7 8 9 10	
<i>Kicks: Roundhouse Kick (Both Legs)</i>						1 2 3 4 <u>5</u> 6 7 8 9 10	
<i>Kicks: Side Thrust Kick (Both Legs)</i>						1 2 3 4 <u>5</u> 6 7 8 9 10	
<i>Kicks: Back Thrust Kick (Both Legs)</i>						1 2 3 4 <u>5</u> 6 7 8 9 10	
<i>Matt Work: Front Fall</i>						1 2 3 4 <u>5</u> 6 7 8 9 10	
<i>Matt Work: Side Fall (Right &amp; Left)</i>						1 2 3 4 <u>5</u> 6 7 8 9 10	
<i>Matt Work: Back Fall</i>						1 2 3 4 <u>5</u> 6 7 8 9 10	
<i>Matt Work: Forward Roll (Right &amp; Left)</i>						1 2 3 4 <u>5</u> 6 7 8 9 10	
<i>Self-Defense 1: Wrist Release (against the thumb)</i>						1 2 3 4 <u>5</u> 6 7 8 9 10	
<i>Self-Defense 2: Wrist Release (striking points)</i>						1 2 3 4 <u>5</u> 6 7 8 9 10	
<i>Self-Defense 3: Front One Hand Choke (Push Off)</i>						1 2 3 4 <u>5</u> 6 7 8 9 10	
<i>Self-Defense 3: Front Two Hand Choke (Push Off)</i>						1 2 3 4 <u>5</u> 6 7 8 9 10	
<i>Self-Defense 4: Front One Hand Choke (wrist lock take-down)</i>						1 2 3 4 <u>5</u> 6 7 8 9 10	
<i>Self-Defense 4: Front Two Hand Choke (wrist lock take-down)</i>						1 2 3 4 <u>5</u> 6 7 8 9 10	
<i>Self-Defense 5: Hand Shake Defense (Throw 1, pull thumb back-step back)</i>						1 2 3 4 <u>5</u> 6 7 8 9 10	

<b>Techniques:</b>	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	<b>Rating Scale:</b>	<b>Comments:</b>
<i>Kata 1: 27 Movements</i>						1 2 3 4 <u>5</u> 6 7 8 9 10	
<i>Kata 2: Taikyoku Shodan</i>						1 2 3 4 <u>5</u> 6 7 8 9 10	
<i>Kata 3: Taikyoku Nidan</i>						1 2 3 4 <u>5</u> 6 7 8 9 10	
<i>Kata 4: Taikyoku Sandan</i>						1 2 3 4 <u>5</u> 6 7 8 9 10	
<i>Combos: Front Stance (Left Leg Back), Lunge Punch (Stepping Forward), Reverse Punch, Front Snap Kick (Right Leg), Reverse Punch, (Left) Side Thrust Kick, (Left) Jab Punch, Reverse Punch, Front Snap Kick (with Forward Leg)</i>						1 2 3 4 <u>5</u> 6 7 8 9 10	
<i>Combos: Front Stance (Left Leg Back), Lunge Punch (Stepping Forward), Reverse Punch, Front Snap Kick (Right Leg), Reverse Punch, (Left) Side Thrust Kick, (Left) Jab Punch, Reverse Punch, Front Snap Kick (with Forward Leg)</i>						1 2 3 4 <u>5</u> 6 7 8 9 10	
<b>Basic Lineage:</b>	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	<b>Rating Scale:</b>	<b>Comments:</b>
George A. Dillman—Grand Master, DKI Ryukyu Kempo Jack Hogan—Grand Master, HKI Ryukyu Kempo George VonWaldner—Master Instructor Warren Young—Master Instructor John Quest—Sensai						1 2 3 4 <u>5</u> 6 7 8 9 10	
<b>Basic Knowledge:</b>	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	<b>Rating Scale:</b>	<b>Comments:</b>
Tang Soo Do—Korea						1 2 3 4 <u>5</u> 6 7 8 9 10	
Ryukyu Kempo—Okinawa						1 2 3 4 <u>5</u> 6 7 8 9 10	
Shotokan—Japan						1 2 3 4 <u>5</u> 6 7 8 9 10	
JuJitsu—Japan						1 2 3 4 <u>5</u> 6 7 8 9 10	

Comments: