

# RYUKYU KEMPO—Yellow Belt—8th Kyu TEST

NAME:	1st Evaluation	2nd Evaluation	3rd Evaluation	4th Evaluation	5th Evaluation
	Date:	Date:	Date:	Date:	Date:

Technique:	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Rating Scale:	Comments:
<b>Example: Horse Stance</b>	M <sub>0</sub>	P <sub>2</sub>	-	-	-	1 2 3 <u>4</u> 5 6 7 8 9 10	Stance can be deeper.
<i>Stances: Front/Forward Stance (Right &amp; Left)</i>						1 2 3 <u>4</u> 5 6 7 8 9 10	
<i>Stances: Fighting Stance (Right &amp; Left)</i>						1 2 3 <u>4</u> 5 6 7 8 9 10	
<i>Stances: Horse Stance</i>						1 2 3 <u>4</u> 5 6 7 8 9 10	
<i>Punches: Lunge Punch (Both Hands)</i>						1 2 3 <u>4</u> 5 6 7 8 9 10	
<i>Punches: Reverse Punch (Both Hands)</i>						1 2 3 <u>4</u> 5 6 7 8 9 10	
<i>Punches: Jab Punch (Both Hands)</i>						1 2 3 <u>4</u> 5 6 7 8 9 10	
<i>Kicks: Front Snap Kick (Both Legs)</i>						1 2 3 <u>4</u> 5 6 7 8 9 10	
<i>Kicks: Roundhouse Kick (Both Legs)</i>						1 2 3 <u>4</u> 5 6 7 8 9 10	
<i>Kicks: Side Thrust Kick (Both Legs)</i>						1 2 3 <u>4</u> 5 6 7 8 9 10	
<i>Matt Work: Front Fall</i>						1 2 3 <u>4</u> 5 6 7 8 9 10	
<i>Matt Work: Side Fall (Right &amp; Left)</i>						1 2 3 <u>4</u> 5 6 7 8 9 10	
<i>Matt Work: Back Fall</i>						1 2 3 <u>4</u> 5 6 7 8 9 10	
<i>Matt Work: Forward Roll (Right &amp; Left)</i>						1 2 3 <u>4</u> 5 6 7 8 9 10	
<i>Self-Defense 1: Wrist Release (Against the Thumb)</i>						1 2 3 <u>4</u> 5 6 7 8 9 10	
<i>Self-Defense 2: Wrist Release (Striking Points)</i>						1 2 3 <u>4</u> 5 6 7 8 9 10	
<i>Self-Defense 3: Front One Hand Choke (Push Off)</i>						1 2 3 <u>4</u> 5 6 7 8 9 10	
<i>Self-Defense 4: Front Two Hand Choke (Push Off)</i>						1 2 3 <u>4</u> 5 6 7 8 9 10	
<i>Kata 1: 27 Movements</i>						1 2 3 <u>4</u> 5 6 7 8 9 10	
<i>Kata 2: Taikyoku Shodan</i>						1 2 3 <u>4</u> 5 6 7 8 9 10	
<i>Kata 3: Taikyoku Nidan</i>						1 2 3 <u>4</u> 5 6 7 8 9 10	

<b>Technique:</b>	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	<b>Rating Scale:</b>	<b>Comments:</b>
<i>Combos:</i> Front Stance (Left Leg Back), Lunge Punch (Stepping Forward), Reverse Punch, Front Snap Kick (Right Leg Stepping Forward), Jab Punch (Right Hand), Roundhouse Kick (Left Leg), Reverse Punch, (Left) Side Thrust Kick, (Left) Jab Punch, Reverse Punch, Front Snap Kick (with forward leg).						1 2 3 <u>4</u> 5 6 7 8 9 10	
<i>Combos:</i> Front Stance (Right Leg Back), Lunge Punch (Stepping Forward), Reverse Punch, Front Snap Kick (Left Leg Stepping Forward), Jab Punch (Left Hand), Roundhouse Kick (Right Leg), Reverse Punch, (Right) Side Thrust Kick, (Right) Jab Punch, Reverse Punch, Front Snap Kick (with forward leg).						1 2 3 <u>4</u> 5 6 7 8 9 10	
<b>Basic Lineage:</b>	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	<b>Rating Scale:</b>	<b>Comments:</b>
Jack Hogan—Grand Master, HKI Ryukyu Kempo Warren Young—Master Instructor John Quest—Sensai						1 2 3 <u>4</u> 5 6 7 8 9 10	
<b>Basic Knowledge:</b>	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	<b>Rating Scale:</b>	<b>Comments:</b>
Ryukyu Kempo—Okinawa						1 2 3 <u>4</u> 5 6 7 8 9 10	
Shotokan—Japan						1 2 3 <u>4</u> 5 6 7 8 9 10	
Tang Soo Do—Korea						1 2 3 <u>4</u> 5 6 7 8 9 10	