

RYUKYU KEMPO—Black Belt—1st Dan TEST

NAME:	1st Evaluation	2nd Evaluation	3rd Evaluation	4th Evaluation	5th Evaluation
	Date:	Date:	Date:	Date:	Date:

Technique:	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Rating Scale:	Comments:
Example: Horse Stance	M ₇	M ₇	M ₇	M ₇	P ₁₀	1 2 3 4 5 6 7 8 9 0	Perfect Balance!
<i>Punches:</i> Lunge Punch (Both Hands)						1 2 3 4 5 6 7 8 9 10	
<i>Punches:</i> Reverse Punch (Both Hands)						1 2 3 4 5 6 7 8 9 10	
<i>Punches:</i> Jab Punch (Both Hands)						1 2 3 4 5 6 7 8 9 10	
<i>Punches:</i> Roundhouse Punch (Both Hands)						1 2 3 4 5 6 7 8 9 10	
<i>Punches:</i> Front Punch with energy splash (Both Hands)						1 2 3 4 5 6 7 8 9 10	
<i>Kicks:</i> Front Snap Kick (Both Legs)						1 2 3 4 5 6 7 8 9 10	
<i>Kicks:</i> Side Snap Kick (Both Legs)						1 2 3 4 5 6 7 8 9 10	
<i>Kicks:</i> Front Thrust Kick (Both Legs)						1 2 3 4 5 6 7 8 9 10	
<i>Kicks:</i> Side Thrust Kick (Both Legs)						1 2 3 4 5 6 7 8 9 10	
<i>Kicks:</i> Back Thrust Kick (Both Legs)						1 2 3 4 5 6 7 8 9 10	
<i>Kicks:</i> Roundhouse Kick (Both Legs)						1 2 3 4 5 6 7 8 9 10	
<i>Kicks:</i> Hook Kick (Both Legs)						1 2 3 4 5 6 7 8 9 10	
<i>Matt Work:</i> Front Fall						1 2 3 4 5 6 7 8 9 10	
<i>Matt Work:</i> Side Fall (Right & Left)						1 2 3 4 5 6 7 8 9 10	
<i>Matt Work:</i> Back Fall						1 2 3 4 5 6 7 8 9 10	
<i>Matt Work:</i> Forward Roll (Right & Left)						1 2 3 4 5 6 7 8 9 10	
<i>Matt Work:</i> Fall Recovers for all Falls						1 2 3 4 5 6 7 8 9 10	
<i>Kata 1:</i> 27 Movements						1 2 3 4 5 6 7 8 9 10	
<i>Kata 2:</i> Taikyoku Shodan						1 2 3 4 5 6 7 8 9 10	
<i>Kata 3:</i> Taikyoku Nidan						1 2 3 4 5 6 7 8 9 10	
<i>Kata 4:</i> Taikyoku Sandan						1 2 3 4 5 6 7 8 9 10	
<i>Kata 5:</i> Chil Sung Il Ro						1 2 3 4 5 6 7 8 9 10	
<i>Kata 6:</i> Naihanchi Shodan						1 2 3 4 5 6 7 8 9 10	
<i>Kata 7:</i> Pinan Nidan						1 2 3 4 5 6 7 8 9 10	
<i>Kata 8:</i> Pinan Shodan						1 2 3 4 5 6 7 8 9 10	
<i>Kata 9:</i> Pinan Sandan						1 2 3 4 5 6 7 8 9 10	
<i>Kata 10:</i> Saisan						1 2 3 4 5 6 7 8 9 10	
<i>Kata:</i> Naihanchi Shodan OR Basai Shodan						1 2 3 4 5 6 7 8 9 10	
<i>Kata:</i> Break Down (Bunkai)						1 2 3 4 5 6 7 8 9 10	

Techniques: <i>Use Prof. Wally Jay SCJ windpipe attack</i>	Pass/ Fail	Pass/ Fail	Pass/ Fail	Pass/ Fail	Pass/ Fail	Rating Scale:	Comments:
<i>Self-Defense 1:</i> Wrist Release (against the thumb)						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 2:</i> Wrist Release (striking points)						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 3:</i> Front One & Two Hand Choke (Push Off)						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 4:</i> Front One & Two Hand Choke (<i>wrist lock take-down</i>)						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 20:</i> Front One Hand Choke (Strike Points)						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 5:</i> Hand Shake Defense (Throw 1, pull thumb back-step back)						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 6:</i> Hand Shake Defense (Throw 2, grab thumb, palm up throw)						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 7:</i> Hand Shake Defense (Striking Points)						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 8:</i> Rear Hair Grab (Spinner Throw)						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 9:</i> Rear Strangle Hold (Drop Shoulder Throw)						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 10:</i> Rear Two Hand Choke (Using Thumbs)						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 11:</i> Side Head Lock (Groin Grab)						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 12:</i> Side Head Lock (Pants, Collar Throw)						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 13:</i> Arm Lock Defense (Throw)						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 14:</i> Cross Hand Wrist Grab (Strike Points)						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 15:</i> Two Finger Hold						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 16:</i> Arm Lock Defense (Spin Kick)						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 17:</i> Front Two Hands Wrist Grab (Bang Points)						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 18:</i> Front Two Hands on Lower Arm (Grab Fist Pull Out)						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 19:</i> Fan Technique						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 21:</i> Rear Two Hand Wrist Grab (Throw)						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 22:</i> Rear Strangle & Armlock (See #9)						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 23:</i> Upper X Technique						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 24:</i> One Hand Push (Use Roll Point)						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 26:</i> Front Two Hand Choke (Using Leg Points)						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 27:</i> Overhead Attack						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 28:</i> Step Over Knee Lock (or Round House Kick Defense)						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 29:</i> Bent Elbow Wrist Lock						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 30:</i> Pistol Grip Hold						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 31:</i> Rear Two Hand Choke						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 32:</i> Rear Two Hands on Shoulders						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 33:</i> Reverse Armbar						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 34:</i> Front Two Hand Wrist Grab (<i>use point in center of chest</i>)						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 35:</i> Rear Two Hand Wrist Grab						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 36:</i> Half Nelson 9 (see Reverse Armbar #33)						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 37:</i> Full Nelson						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 38:</i> Uppercut Punch						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 39:</i> Armlock Defense						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 40:</i> Wrist Lock Hold Down						1 2 3 4 5 6 7 8 9 10	
<i>Self-Defense 41:</i> Front Face Lock						1 2 3 4 5 6 7 8 9 10	

Techniques:	Pass /Fail	Pass /Fail	Pass /Fail	Pass /Fail	Pass /Fail	Rating Scale:	Comments:
<i>Combos:</i> Combo Drill #1 (Right & Left)						1 2 3 4 5 6 7 8 9 10	
<i>Combos:</i> Small Circle JuJitsu Drill #1						1 2 3 4 5 6 7 8 9 10	
<i>Combos:</i> Brush-Trap-Strike Drill (Arnis)						1 2 3 4 5 6 7 8 9 10	
<i>Combos:</i> Boxing Drill						1 2 3 4 5 6 7 8 9 10	
<i>At this test student should be Reiki I or be able to show three Acupressure Healing Techniques.</i>							
<i>Energy Work:</i> Energy Restoration for arms						1 2 3 4 5 6 7 8 9 10	
<i>Energy Work:</i> Energy Restoration for hands						1 2 3 4 5 6 7 8 9 10	
<i>Energy Work:</i> Wake Up						1 2 3 4 5 6 7 8 9 10	
<i>Pressure Points 1:</i> Wrist Points #1						1 2 3 4 5 6 7 8 9 10	
<i>Pressure Points 1:</i> Wrist Points #2						1 2 3 4 5 6 7 8 9 10	
<i>Pressure Points 2:</i> Fist Points #1						1 2 3 4 5 6 7 8 9 10	
<i>Pressure Points 2:</i> Fist Points #2						1 2 3 4 5 6 7 8 9 10	
<i>Pressure Points 7:</i> Point to Numb Arm						1 2 3 4 5 6 7 8 9 10	
<i>Pressure Points 8:</i> Push Point Under Nose						1 2 3 4 5 6 7 8 9 10	
<i>Pressure Points :</i> Roll Point for Elbow						1 2 3 4 5 6 7 8 9 10	
<i>Pressure Points 10:</i> Strike Point on back of Hand						1 2 3 4 5 6 7 8 9 10	
<i>Pressure Points 9:</i> Leg Point on Forearm						1 2 3 4 5 6 7 8 9 10	
<i>Pressure Points 6:</i> Positive/Negative Point on Hand						1 2 3 4 5 6 7 8 9 10	
<i>Pressure Points 3:</i> Points on Forearm for Wrist						1 2 3 4 5 6 7 8 9 10	
<i>Pressure Points 4:</i> Points on Forearm for Fist						1 2 3 4 5 6 7 8 9 10	
<i>Pressure Points 5:</i> Strike Point on Back of Arm						1 2 3 4 5 6 7 8 9 10	
<i>Pressure Points 11:</i> Point to Bend Elbow						1 2 3 4 5 6 7 8 9 10	
<i>Pressure Points 12:</i> Knee Point #1						1 2 3 4 5 6 7 8 9 10	
<i>Pressure Points 13:</i> Knee Point #2						1 2 3 4 5 6 7 8 9 10	
<i>Pressure Points 14:</i> Knee Point #3						1 2 3 4 5 6 7 8 9 10	
<i>Pressure Points 15:</i> Knee Point #4						1 2 3 4 5 6 7 8 9 10	
<i>Pressure Points:</i> Center of Chest						1 2 3 4 5 6 7 8 9 10	
<i>Pressure Points 17:</i> Point on Foot						1 2 3 4 5 6 7 8 9 10	
<i>Pressure Points:</i> HKI Inside Shin (or SP-6)						1 2 3 4 5 6 7 8 9 10	

Assignments:	Pass/ Fail	Pass/ Fail	Pass/ Fail	Pass/ Fail	Pass/ Fail	Rating Scale:	Comments:
<i>Assignments:</i> Give a Presentation on the subject of your choice (Instructor Permission for topic needed)						1 2 3 4 5 6 7 8 9 10	
Basic Lineage:	Pass/ Fail	Pass/ Fail	Pass/ Fail	Pass/ Fail	Pass/ Fail	Rating Scale:	Comments:
Tode Sakugawa—Toda						1 2 3 4 5 6 7 8 9 10	
Grandmasters of Te-Toda: Soken Matsumura Nabi Matsumura						1 2 3 4 5 6 7 8 9 10	
Grandmaster of Orthodox Shorin Ryu: Hohan Soken						1 2 3 4 5 6 7 8 9 10	
Grandmasters of Ryukyu Kempo: Sieu Oyata George A. Dillman Jack Hogan						1 2 3 4 5 6 7 8 9 10	
Masters: George Von Waldner Tom Spivy Warren Young						1 2 3 4 5 6 7 8 9 10	
Sensai: John Quest Charlotte Marcum						1 2 3 4 5 6 7 8 9 10	
Small Circle JuJitsu International: Grand Master Wally Jay Grand Master Leon Jay						1 2 3 4 5 6 7 8 9 10	
Modern Arnis International: Grand Master Remy Presas Master Bruce Chiu, JHK, Arnis Int. John Quest, MAI, Arnis Int. Jeremy Alderman, Arnis Int.						1 2 3 4 5 6 7 8 9 10	
Grandmasters & Founders: Wally Jay of Small Circle JuJitsu Int. Leon Jay Remy Presas of Modern Arnis Bruce Chiu of Arnis Int. & ProAct Genchin Funakoshi of Shotokan Jigoro Kano of Judo						1 2 3 4 5 6 7 8 9 10	
<i>DKI Ranked Student should also know Leo T. Fung</i>							
Basic Knowledge:	Pass/ Fail	Pass/ Fail	Pass/ Fail	Pass/ Fail	Pass/ Fail	Rating Scale:	Comments:
Te & Tode—Okinawa						1 2 3 4 5 6 7 8 9 10	
Ryukyu Kempo—Okinawa						1 2 3 4 5 6 7 8 9 10	
Tang Soo Do—Korea						1 2 3 4 5 6 7 8 9 10	
Shotokan—Japan						1 2 3 4 5 6 7 8 9 10	
JuJitsu—Japan						1 2 3 4 5 6 7 8 9 10	
Judo—Japan						1 2 3 4 5 6 7 8 9 10	
Arnis—Philippines						1 2 3 4 5 6 7 8 9 10	